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Board Certified Urologist and Sexual Medicine Specialist

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PERSONAL INFORMATION

Education:

Undergraduate: Tufts University, Medford, MA, 2003-2007, BS in Biopsychology and Biomedical Engineering. *Summa Cum Laude*, Phi Beta Kappa, High Thesis Honors

Medical Education: Tufts University School of Medicine, Boston, MA, 2007-2011, Degree: MD

Internship: General Surgery. Medstar Georgetown University Hospital, Department of General Surgery, Washington DC, 2011-2012. Department Chair: Lynt Johnson

Residency: Urology. Medstar Georgetown University Hospital, Department of Urology, Washington DC, 2012-2016. Department Chair: John Lynch

Fellowship: Sexual Medicine and Prosthetic Urology. San Diego Sexual Medicine and Kaiser Permanente San Diego Department of Urology, San Diego, CA, 2016-2017. Fellowship Directors: Irwin Goldstein and Eugene Rhee.

Certification:

- 1) American Board of Urology: **Board Certified:** February 2019
- 2) Fellowship designation from Sexual Medicine Society of North America and the International Society for the Study of Women's Sexual Health (IF)
- 3) North American Menopause Society Certified Menopause Practitioner (NCMP) October 2021

RESEARCH AND SCHOLARLY ACTIVITIES

Publications:

Original Papers in Peer Reviewed Journals

Cantalino, J. M., et al. Ejaculatory Function Following Stereotactic Body Radiation Therapy for Prostate Cancer. *International journal of radiation oncology, biology, physics* 111.3 (2021): e167.

Healy, David, et al. Diagnostic criteria for enduring sexual dysfunction after treatment with antidepressants, finasteride and isotretinoin. *International Journal of Risk & Safety in Medicine* Preprint: 1-12.

Uloko, M. **Rubin R.** Managing Female Sexual Pain. *Urologic Clinics of North America*. November 2021. 48:4:487-497.

Uloko, M. **Rubin R.** Female Sexual Pain Disorder. *AUA Update Series*. April 2021. Lesson 13 Volume 40.

Kowalczyk, K, Davis, M, O'Neil, J, Lee, H, Orzel J, **Rubin R**, Hu, J. Impact of Retzius-Sparing vs. Standard Robotic Assisted Radical Prostatectomy on penile shortening, Peyronie's disease and inguinal hernia sequelae. *European Urology Open Science*. 2020 Dec 1;22:17-22

Buck, E. S., Lukas, V. A., & **Rubin, R. S.** Effective Prevention of Recurrent UTIs with Vaginal Estrogen: Pearls for a Urological Approach to Genitourinary Syndrome of Menopause. *Urology*. (June 10, 2020).

Rubinz (sic), R, et al. Transplant nephrectomy with peritoneal window: Georgetown University experience. *Turkish Journal of Surgery* 35.3 (2019): 191.

Towe M, La J, El-Khatib F, Roberts N, Yafi FA, **Rubin R**. Diet and Female Sexual Health. *Sexual Medicine Reviews*. 2019 Oct 25.

Rubin RS, Malphrus E. Interstitial Cystitis and Sexual Dysfunction: Diagnostic Accuracy Is Essential. *Current Sexual Health Reports* 2018;10:104–108.

Aerts L, **Rubin RS**, Randazzo M, Goldstein SW, Goldstein I. Retrospective Study of the Prevalence and Risk Factors of Clitoral Adhesions: Women's Health Providers Should Routinely Examine the Glans Clitoris. *Sex Med* 2018;6:115–22. <https://doi.org/10.1016/j.esxm.2018.01.003>.

Rubin RS, Xavier KR, Rhee E. Virtue Quadratic Male Sling for stress incontinence-surgical guide for placement and delayed revision. *Transl Androl Urol* 2017;6:666–73. <https://doi.org/10.21037/tau.2017.07.33>.

Goldstein I, Komisaruk BR, **Rubin RS**, Goldstein SW, Elliott S, Kisse J, *et al.* A Novel Collaborative Protocol for Successful Management of Penile Pain Mediated by Radiculitis of Sacral Spinal Nerve Roots From Tarlov Cysts. *Sex Med* 2017;5:e203–11. <https://doi.org/10.1016/j.esxm.2017.04.001>.

Rubin, R., Goldstein, I. Medical Management of Sexual Dysfunction in the Aging Male. *Topics in Geriatric Rehabilitation*. 2016; 32 (3) 167-173.

Siddiqui MM, George AK, **Rubin R**, Rais-Bahrami S, Parnes HL, Merino MJ, *et al.* Efficiency of Prostate Cancer Diagnosis by MR/Ultrasound Fusion-Guided Biopsy vs Standard Extended-Sextant Biopsy for MR-Visible Lesions. *J Natl Cancer Inst* 2016;108:. <https://doi.org/10.1093/jnci/djw039>.

King M, **Rubin R**, Goldstein AT. Current uses of surgery in the treatment of genital pain. *Current Sexual Health Reports* 2014;6:252–258.

Chen LN, **Rubin RS**, Othepa E, Cer C, Yun E, Agarwal RP, *et al.* Correlation of HOXD3 promoter hypermethylation with clinical and pathologic features in screening prostate biopsies. *Prostate* 2014;74:714–21.

Harmanli O, Hong E-K, **Rubin R**, Jones KA, Boyer RL, Metz S. Is antibiotic prophylaxis necessary for midurethral sling procedures? A series of 174 cases without preoperative antibiotics. *Int Urogynecol J* 2012;23:621–3. <https://doi.org/10.1007/s00192-011-1624-8>.

Rubin R, Jones KA, Harmanli OH. Vaginal evisceration during pessary fitting and treatment with immediate colpocleisis. *Obstet Gynecol* 2010;116 Suppl 2:496–8. <https://doi.org/10.1097/AOG.0b013e3181da371d>.

Book Chapters:

- **Female Sexual Pain Disorders Evaluation and Management – 2nd Edition 2020:** Genitourinary Syndrome of Menopause: Role of Estrogens and Androgens (251-259).
- **Female Sexual Pain Disorders Evaluation and Management – 2nd Edition 2020:** Vulvoscopy (125-131).
- **Facing Pelvic Pain – A Guide for Patient’s and Their Families: 2021:** Which Male Urological Problems Can Lead to Pelvic Pain (37-49).
- **Facing Pelvic Pain – A Guide for Patient’s and Their Families: 2021:** How Does Sexual Activity Affect Pelvic Pain (271-275).

Abstracts:

Codispoti, Petersen, A, Nico, E, Romanello, J, **Rubin, R** Female sexual medicine: what are students learning in undergraduate medical education? World Meeting on Sexual Medicine 2021. Virtual Nov 19, 2021

Nico, E, Trosch, L, **Rubin, R**. Successful Treatment of Hard Flaccid Syndrome: A Case Report. Sexual Medicine Society of North America Annual Fall Meeting, October 2021

Rubin, R, Moyneur, E, Sadiq A, Labrie, F, Dury, A. Prevalence of Urinary Tract Infections in Women with Genitourinary Syndrome of Menopause and the Impact of Vaginal Prasterone on Urinary Tract Infections. Gynecological Endocrinology the 19th world congress. Dec 2020

Dickman, J, **Rubin R**. The Vulvar Exam: An Essential Tool for the Urologist Sexual Medicine Society of North America Virtual Annual Meeting November 2020

Davis, M, **Rubin R**. Prepubertal Masturbation Techniques Inflicting Penile Trauma and Erectile Dysfunction in Healthy Adult Males: A Call for Prevention and Early Education. Sexual Medicine Society of North America Virtual Annual Meeting November 2020

Orzel, J, **Rubin R**. Successful treatment strategies in two patients with Postorgasmic illness syndrome (POIS) Sexual Medicine Society of North America Virtual Annual Meeting November 2020

Rubin, R; Moyneur, E; Tjoa, ML; Dea, K; Sadiq, A; Labrie, F; Dury, A. Prevalence Of Urinary Tract Infections In Women With Genitourinary Syndrome Of Menopause And The Impact Of Vaginal Prasterone On Urinary Tract Infections. Poster session at the American Urological Association annual meeting Virtually June 2020

Rubin, R; Moynour, E; Tjoa, ML; Dea, K; Sadiq, A; Labrie, F; Dury, A. Impact of Vaginal Prasterone on the Frequency of Urinary Tract Infections. Podium session at the International Society for the Study of Women's Sexual Health annual meeting in Orlando, FL. March 2020

Rubin, RS, Malphrus, E, Mayuga, C, Treene, L, Simon, JA. Single-Center Experience with Vestibulectomy for the Treatment of Vestibulodynia and Dyspareunia. Podium at the American Urological Association annual meeting in Chicago, IL. May 2019.

Rubin, RS, Malphrus, E, Mayuga, C, Treene, L, Simon, JA. Single-Center Experience with Vestibulectomy for the Treatment of Vestibulodynia and Dyspareunia..Unmoderated Poster at the International Society for the Study of Women's Sexual Health annual meeting in Atlanta, GA. March 2019.

Winter, A, **Rubin, R,** Bertolotto, M, Goldstein, I. A Novel Algorithm for Assessment of Penile Fibrosis in Men with Erectile Dysfunction. Unmoderated Poster at the Sexual Medicine World Meeting on Sexual Medicine Lisbon, Portugal. February 2018.

Winter, A, **Rubin, R,** Bertolotto, M, Goldstein, I. Gray-Scale Ultrasound to Assess Persistent Erectile Dysfunction in Young Men. Moderated Poster at the Sexual Medicine World Meeting on Sexual Medicine Lisbon, Portugal. February 2018.

Rubin, R, Mitchell, L, Biewenga, E, Goldstein, A, Goldstein, I. *Successful Treatment of Interstitial Cystitis/Bladder Pain Syndrome (IC/PBS) in Women with Provoked Vestibulodynia (PVD).* Podium session at the International Society for the Study of Women's Sexual Health annual meeting in San Diego, CA. February 2018

Rubin, R, Mitchell, L, Winter, A, Goldstein, A, Goldstein, I. *Successful Treatment of Interstitial Cystitis/Bladder Pain Syndrome (IC/PBS) in Women with Provoked Vestibulodynia (PVD).* Podium session at the Sexual Medicine Society of North America annual meeting in San Antonio, TX. November 2017.

Rubin, R, Winter, A, Rhee, E, Sakamoto, K, Goldstein, I. *Comparison of Standard Collagenase Clostridium Histolyticum (CCH) Protocol and Modified Interferon 2alpha2b (IFN) Protocol for the Management of Peyronie's Disease (PD) at 2 large Health Care Organizations.* Moderated Poster at the Sexual Medicine Society of North America annual meeting in San Antonio, TX. November 2017.

Rubin, R, Winter, A, Goldstein, I. *Novel Penile Ultrasound Technique to Explain Mechanism of Erectile Dysfunction (ED) in Young Patients using Finasteride for Androgenic Alopecia.* Unmoderated Poster at the Sexual Medicine Society of North America annual meeting in San Antonio, TX. November 2017.

Goldstein, SW, Trofimenko, V, Winter, AG, **Rubin, RS,** Komisaruk, BR, Kisse, J, Kim, CW, Goldstein, I. *Lumbar and Sacral Spinal-Mediated Neurogenic Sexual Dysfunction: Pathophysiology, Diagnosis and Treatment.* Moderated Poster at the Sexual Medicine Society of North America annual meeting in San Antonio, TX. November 2017.

Trofimenko, V, Winter, AG, **Rubin, RS**, Goldstein, I. *Reinventing the Selfie: Telemedicine in a Tertiary Referral Sexual Medicine Practice*. Moderated Poster at the Sexual Medicine Society of North America annual meeting in San Antonio, TX. November 2017.

Winter, A, **Rubin, R**, Goldstein, I, *Self- Administered Intraspongiosal (IS) Injection Therapy for the Management of Cold Glans Syndrome*. Moderated Poster at the Sexual Medicine Society of North America annual meeting in San Antonio, TX. November 2017.

Biewenga, ED; **Rubin, RS**; Aerts, L; Randazzo, M; Goldstein, SW; Goldstein, I. *Retrospective Study of the Prevalence and Risk Factors of Clitoral Adhesions: Why Women's Health Providers Should Routinely Examine the Glans Clitoris*. Moderated Poster at the Sexual Medicine Society of North America annual meeting in San Antonio, TX. November 2017.

Winter, A, **Rubin, R**, Goldstein, I, Goldstein, S. *Prospective Vulvoscopic Analysis of Changes to the Vulva, Vestibule, and Vagina in Women with Genitourinary Syndrome of Menopause (GSM) taking Ospemifene*. Moderated Poster at the Sexual Medicine Society of North America annual meeting in San Antonio, TX. November 2017.

Winter, A, **Rubin, R**, Biewenga, E, Trofimenko, V, Goldstein, I. *Standardization of Vulvoscopy: A Step-Wise Approach*. Moderated Poster at the Sexual Medicine Society of North America annual meeting in San Antonio, TX. November 2017.

Winter, A, **Rubin, R**, Goldstein, I. *Improving Diagnostic Capture of Organic ED on Ultrasound: Corporal Heterogeneity Grading to Assess Penile Fibrosis*. Unmoderated Poster at the Sexual Medicine Society of North America annual meeting in San Antonio, TX. November 2017.

Winter, A, **Rubin, R**, Goldstein, I. *Ultrasonographic Changes to Cavernosal Tissue in Men with New-Onset Erectile Dysfunction following Penile Plication Surgery*. Unmoderated Poster at the Sexual Medicine Society of North America annual meeting in San Antonio, TX. November 2017.

Rubin, R, Goldstein, I: *Outpatient complete vestibulectomy for neuro-proliferative vestibulodynia: review of technique*. Poster Session at the World Congress on Abdominal and Pelvic Pain in Washington DC. October 2017.

Rubin, R, Winter, A, Minton, J, Gagnon C, Goldstein, I: *Standardized step-wise approach to vulvoscopy to maximize diagnostic yield*. Poster Session at the World Congress on Abdominal and Pelvic Pain in Washington DC. October 2017.

Winter, A, **Rubin R**, Goldstein I: *Prospective vulvoscopic analysis of changes to the vulva, vestibule, and vagina in women with genitourinary syndrome of menopause (GSM) and dyspareunia taking ospemifene*. Poster Session at the World Congress on Abdominal and Pelvic Pain in Washington DC. October 2017.

Rubin, R, Winter, A, Plascencia, P, Goldstein, I: *Complete Vestibulectomy for Neuro-Proliferative Vestibulodynia: Urologic Technique and Outcomes*. Video Session at American Urological Association annual meeting in Boston, MA. May 2017

Rubin, R, King, S, Winter, A, Minton, J, Gagnon, C, Goldstein, I: *Taking Responsibility for Female Prepuce Disorders: Urologic Management of Phimosis-Based Clitorodynia*. Podium session at American Urological Association annual meeting in Boston, MA. May 2017

Rubin, R, Mitchell, L, Winter, A, Goldstein, A, Goldstein, I: *Successful Treatment of Interstitial Cystitis/Bladder Pain Syndrome (IC/PBS) in Women with Provoked Vestibulodynia (PVD)*. Podium session at American Urological Association annual meeting in Boston, MA. May 2017

Winter, A, **Rubin, R,** Goldstein, I: *B-Mode Ultrasound Assessment of Penile Corporal Heterogeneity Correlates to UltraFast™ Doppler Quantification of End Diastolic Velocity (EDV) in Men with Erectile Dysfunction (ED): Foundation for Algorithmic Assessment of Penile Fibrosis*. Poster session at Engineering and Urology annual meeting in Boston MA. May 2017

Rubin, R, Winter, A, Goldstein, I: *Outpatient Complete Vestibulectomy for Neuro-Proliferative Vestibulodynia: Review of Technique*. Podium Session at the International Society for the Study of Women's Sexual Health annual meeting in Atlanta, GA. February 2017

Rubin, R, King, S, Winter, A, Minton, J, Gagnon, C, Goldstein, I: *In Office Treatment of Clitorodynia: Lysis of Clitoral Adhesions to Adjacent Skin Following Dorsal Nerve Block*. Podium Session at the International Society for the Study of Women's Sexual Health annual meeting in Atlanta, GA. February 2017

Aerts, L, **Rubin, R,** Winter, A, Goldstein, I: *Prevalence of Clitoral Adhesions in a Sexual Medicine Practice: Retrospective Vulvoscopy Review*. Podium Session at the International Society for the Study of Women's Sexual Health annual meeting in Atlanta, GA. February 2017

Winter, A, **Rubin, R,** Minton, J, Gagnon, C, Goldstein, I: *Outpatient Complete Vestibulectomy for Neuro-Proliferative Vestibulodynia: Review of Technique*. Podium Session at the International Society for the Study of Women's Sexual Health annual meeting in Atlanta, GA. February 2017

Goldstein, I.; Cataldo, L.; Komisaruk, B.R.; Winter, A.G.; **Rubin, R.S.**; Pfaus, J: *Use of Zolpidem, a Non-Benzodiazepine Indirect GABA A Receptor Agonist, for Treatment of Persistent Genital Arousal Disorder (PGAD): Mechanism of Action and Preliminary Clinical Experience*. Moderated Poster at the Sexual Medicine Society of North America annual meeting in Scottsdale, AZ. November 2016

Szell, N.; Qu, H.; Shaw, M.; Goldstein, S.W.; Komisaruk, B.R.; **Rubin, R.S.**; Winter, A.G.; Goldstein, I.: *Anterior Vaginal Wall Peri-Urethral Tissue: An Extensive Literature Review and Meta-analysis of Orgasmic and Overall Sexual Function Post Mid-Urethral Sling Surgery*. Moderated Poster at the Sexual Medicine Society of North America annual meeting in Scottsdale, AZ. November 2016

Goldstein, I.; Komisaruk, B.R.; Goldstein, S.W.; Raiszadeh, K.; **Rubin, R.S.**; Winter, A.G.; Kim, C: *Protocol-Based Collaboration with Reconstructive Spine Surgery, Neurophysiology and Sexual Medicine for Diagnosis and Treatment of Neurogenic Sexual Dysfunctions*. Moderated Poster at the Sexual Medicine Society of North America annual meeting in Scottsdale, AZ. November 2016

Rubin, R: *Redefining and clarifying the relationship between total motile sperm counts and intrauterine insemination pregnancy rates*. Podium presentation at the American Society for Reproductive Medicine annual meeting in Baltimore, MD. October 2015

Smithling, K, **Rubin R:** *Anatomy of female sexual response*. Video Session at the American Urogynecologic Society annual meeting in Seattle, WA. October 2015. *Winner of 3rd place best video*.

Rubin, R: *The efficiency of MRI/US fusion targeted prostate biopsies in finding clinically significant prostate cancer compared to standard template biopsy.* Moderated poster session at the American Urological Association annual meeting in Orlando, Florida. May 2014

Rubin, R: *Correlation of prognostic molecular markers (ERG expression, PTEN deletion and HOXD3 promoter hypermethylation) with clinical and pathologic features in screening prostate biopsies.* Moderated poster session at the American Urological Association annual meeting in San Diego, California. May 2013

Grants:

Sexual Medicine Society of North America Research Grant

Title of Project: 5 alpha-reductase enzyme insufficiency in women on supplementation therapy

Dates of Project Period: 2016-2017

Invited Lectures:

Invited Course Instructor

Fundamentals Course in Women's Sexual Health. Sexual Medicine Society of North America Annual Fall Meeting. October 2021. Scottsdale, AZ.

Hormone Therapy in Menopausal Women. Annual International Conference of Urology Department Alexandria Faculty of Medicine. Oct 1, 2021 Alexandria, Egypt.

Current Urologic Management of Female Sexual Dysfunction. American Urological Association Annual Meeting. September 11, 2021. Virtual.

ISSWSH Fundamentals Course. for The International Society for the Study of Women's Sexual Health (ISSWSH). November 2021. Virtual

Case Based Pelvic Medicine: How to Work as a Team to get Maximal Sexual Health Benefit. Integrative Sex Therapy Institute. September 12, 2020

Current Urologic Management of Female Sexual Dysfunction. American Urological Association Summer School. June 11, 2020.

Pre-Course at the Annual Meeting for The International Society for the Study of Women's Sexual Health. March 5, 2020. Orlando, FL

Vulvodynia and Pelvic Pain: An Evidence-Based and Practical Guide to Treating Women in Pain. Alcove Education. February 1, 2020. Columbus, OH.

Instructional Course: Female Sexual Dysfunction - Genital Dysesthesia Disorders in Women. **Sexual Medicine Society of North America (SMSNA) Fall Meeting.** October 24 2019. Nashville, TN.

NPWH Women's Sexual Health Course for Nurse Practitioners. May 31-June 2 2019. Orlando, FL.

What the Urologist Needs to Know to Manage Female Sexual Dysfunction Course. American Urological Association Annual Meeting. May 4, 2019. Chicago, IL.

NPWH Women's Sexual Health Course for Nurse Practitioners. June 7-10 2018. Phoenix, AZ.

Maintaining & Restoring Women's Sexual Function in 2018 Course. American Urological Association Annual Meeting. May 20, 2018. San Francisco, CA.

Vulvodynia and Pelvic Pain: An Evidence-Based and Practical Guide to Treating Women in Pain. Alcove Education. April 7, 2018. Cedar Park, TX.

Invited Lectures

Sexuality in Women, A Global Perspective. World Meeting for the International Society for Sexual Medicine. November 19, 2021. Virtual.

Visiting Professor for the Canadian Urological Association. Female Sexual Medicine – What Every Urologist Needs to Know. November 16, 2021

Sexual Medicine: Do Ask, Do Tell. American College of Physicians Virginia Chapter Meeting. November 23, 2021. Virtual.

Female physical exam in sexual medicine. 25th Congress of the World Association of Sexual Health. September 10, 2021. Virtual.

Genitourinary Syndrome of Menopause – New terms and treatments. VA Gynecology Virtual Conference. August 24, 2021. Virtual.

Vestibulodynia: What it is and how to treat. VA Gynecology Virtual Conference. August 25, 2021. Virtual.

Female Sexual Dysfunction for the men's health specialist. 4th UCI Advanced International Men's Health Course: February 21, 2021. Virtual

SexMed: Society of Women in Urology (SWIU) annual Meeting. January 22, 2021. Virtual

Integrating Sexual Medicine in your Urogynecology Practice. American Urogynecologic Society (AUGS) Annual Meeting. October 8, 2020. Virtual

Update on IC/Pelvic Pain/Vulvodynia. Florida Urological Society Annual Meeting. September 12, 2020. Virtual

The Urologist's Role in Female Sexual Medicine. Society for Urodynamics and Female Urology Annual Meeting. February 27, 2020. Scottsdale, AZ

Treatment options for HSDD. Where is the Evidence and When Should Treatment Be Offered? ISSWSH Fall Course. November 15, 2019. Scottsdale, AZ

How to Deal with the Partner of a Man Being Treated for ED. Sexual Medicine Society of North America Fall meeting. Friday October 25, 2019.

Sexual Medicine: A Biopsychosocial Approach. Perspectives on Human Sexuality Course. Virginia Tech Marriage and Family Therapy. September 23, 2019. Falls Church, VA.

Reflective Practice: Implicit Bias in Medicine. Uniformed Services University of the Health Sciences Medical School. September 19, 2019. Bethesda, MD.

Update on Female Sexual Dysfunction. American College of Osteopathic Surgeons Urologic Discipline Meeting. May 19, 2018. San Francisco, CA

Female Sexual Dysfunction. Annual Clinical Assembly of Osteopathic Surgeons. October 14, 2017. National Harbor, MD.

Updates in Female Sexual Function – Most Noteworthy Literature from 2016-2017 on Medical Therapies. Annual Meeting of the Sexual Medicine Society of North America. October 27, 2017. San Antonio, TX.

Take Home Messages for Female Sexual Medicine. Annual Meeting of the Sexual Medicine Society of North America. October 27, 2017. San Antonio, TX.

Grand Rounds

Primer on Hormone Replacement in The Post Menopausal Women 2021. University of California, Irvine Department of Urology. November 8, 2021.

Visiting Professor at the Department of Urology Brown University and University of Massachusetts. November 5, 2021

Female Sexual Medicine. Tufts University Department of OBGYN Boston, MA. September 14, 2021

Female Sexual Medicine. Visiting Professor at the Department of Urology Hackensack NJ. June 15, 2021

Female Sexual Medicine for the general urologist, and Genitourinary Syndrome of Menopause lectures. Visiting Professor at the Department of Urology Dalhousie University. April 6-7, 2021

Female Sexual Medicine: UCLA Department of Urology. March 31, 2021

Hormone Replacement Therapy in 2021: What are we afraid of and what's the actual data. University of Maryland Department of Endocrinology. February 11, 2021

Female Sexual Medicine: Maimonides Department of Urology. January 25, 2021

Female Sexual Dysfunction: Concepts and Challenges 2020. University of California, Irvine Department of Urology. October 19, 2020

Female Sexual Medicine. Holy Cross Hospital Department of OBGYN. October 16, 2020

The Urologist's Role in Female Sexual Medicine. University of Miami Department of Urology May 14, 2020

Why Not? Incorporating Female Sexual Medicine into Your Busy Practice. Sibley Memorial Hospital OBGYN Department. Washington, DC. October 7, 2019.

Genitourinary Syndrome of Menopause: How treating it will fundamentally change your urologic practice. George Washington University Urology Department. Washington, DC. January 16, 2019

Sexual Medicine: New Evidence Based Guidelines. One Medical Primary Care. Washington, DC. May 30, 2018

Sexuality and End of Life: Medstar Washington Hospital Center Palliative Care Department. January 25, 2018

Female Sexual Dysfunction for the Busy Urologist. Medstar Georgetown University Hospital Urology Department. Washington, DC. January 16, 2018.

Female Sexual Dysfunction for the Busy Urologist. Walter Reed Medical Center Urology Department. Bethesda, MD. November 3, 2017.

Adolescent Varicoceles. Children's National Medical Center Urology Department. May 2015.

Staying ahead of the curve: an update on Peyronie's Disease. Georgetown University Urology Department. March 2014.

Testosterone replacement therapy: the controversy of low T. Georgetown University Urology Department. May 2013.

Editorships, Editorial Boards, and Reviewing Activities

Sexual Medicine Reviews: Associate Editor September 2017-Present

The Journal of Sexual Medicine: Reviewer

America Urological Association Core Curriculum: Section editor for Female Sexual Medicine 2019-present

Reviewer for America Urological Association guidelines on Ejaculatory Dysfunction

HONORS AND AWARDS

Washingtonian Magazine Top Doctor 2019, 2020, 2021

Traveling Scholars Award

Organization: The Society for Male Reproduction and Urology
October 2015

Men's Traveling Health Fellowship

Organizations: Sexual Medicine Society of North America and the Society for the study of Male Reproduction
May 2014

Thomas Harrison & Emily Leonard Carmichael Prize Scholar in General Physiology

Institution: Tufts University Department of Biology
May 2007

PROFESSIONAL SOCIETY MEMBERSHIP

International Society for the Study of Women's Sexual Health (ISSWSH): Member 2016- present

- ISSWSH Fellowship Designation
- Education Chair 2020-present
- Member of the Advocacy committee: (2021-present)
- Member of Public Outreach committee: (2020-present)
- Co-Chair of the Sexual Pain Course (2020 – present)
- Member of Global Development Committee: (2017- present)
 - Chair Patient information sub-Committee (2018-present)
- Member of Membership Outreach Committee (2016-2020)
- Member of Social Media Committee (2016-2020)
- Member of Scientific Planning Committee for 2018, 2021 annual meeting

American Urological Association (AUA): Member 2012- present

- Section Editor for the online core curriculum on female sexual function: 2019-present
- Faculty for Female Sexual Medicine Course at AUA annual meeting 2018- present
- Author for Female Sexual Pain Disorder. AUA update series. Lesson 13 Volume 30

- Abstract reviewer for Female Sexual Function/Dysfunction: 2017-2022 AUA meeting

Sexual Medicine Society of North America (SMSNA): Member 2015-present

- SMSNA Fellowship Designation
- 2021 Young Clinicians Committee member
- 2021 Fellowship and Education Committee member
- 2019-2020 Social Media Committee member
- 2018- 2021 Annual meeting Abstract Review Committee
- 2019-2020 Annual Fall meeting Abstract Review Committee
- 2018, 2020 Annual Meeting Scientific Program Committee Member
- Reviewer for the Journal of Sexual Medicine

International Society for Sexual Medicine (ISSM): Member since 2016-present

- Grants and Prizes Committee 2019-Present

North American Menopause Society Member since 2021-present

- Certified Menopause Practitioner – NCMP. Exam complete October 2021

Medical Advisory Boards

Zero – The End Prostate Cancer

MsMedicine

Social Media

Twitter, Instagram, facebook: @drrachelrubin